

# MENTAL ILLNESS

Mental health is so important. Whether it is circumstantial stresses that affect us or clinical conditions that beset us, struggling with lack of mental health can affect us deeply. God cares about our mind and providing healing and peace for us in the midst of mental illness.

## SCRIPTURE VERSES

Isaiah 43:18-19  
1 Peter 1:13  
Mark 12:30  
Romans 8:6  
Isaiah 26:3-4  
1 Corinthians 2:14-16  
Romans 12:1-2  
2 Corinthians 10:5  
2 Timothy 1:7  
Ephesians 4:22-24  
Galatians 5:1

## SERMONS

<https://vimeo.com/169097744>

## ARTICLES

<http://resonate.net/resblog/advent-healing>  
<https://mentalhealthgracealliance.org/christian-mental-health-and-mental-illness/battling-anxiety-spiritually>  
<https://www.thegospelcoalition.org/article/hope-in-the-darkness-of-mental-illness/>

## BOOKS

*My Name is Hope* - John Mark Comer  
*Emotionally Healthy Spirituality* - Peter Scazzero  
*Troubled Minds: Mental Illness and the Church's Mission* - Amy Simpson

(\*Originally published by Resonate Church.)